

# Resources for Veterans



## **General Resources**

### **eBenefits**

[www.ebenefits.va.gov](http://www.ebenefits.va.gov)

This site is the result of a collaboration between the Department of Veterans Affairs (VA) and the Department of Defense (DoD). It serves Veterans, Service members, Wounded Warriors, their family members, and their authorized caregivers. The website allows people to apply for benefits and access a national resource directory.

### **Make the Connection**

<https://maketheconnection.net>

This is an online resource designed to connect veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives. The website includes information about shared life events and experiences, information about common issues and conditions, and an online resource locator.

### **Military OneSource**

[www.militaryonesource.mil](http://www.militaryonesource.mil) or 1-800-342-9647

This service provides policy and programmatic information, helpful resources, products, articles, and tips on numerous topics related to military life.

### **National Veterans Foundation**

<https://nvf.org> or 888.777.4443

This website offers a toll-free, vet-to-vet helpline called "Lifeline for Vets" as well as online resource connection for veterans and their families.

### **NC4Vets**

[www.nc4vets.com](http://www.nc4vets.com) or 844.NC4.VETS (1-844-624-8387)

This website offers a wide variety of resources related to programs, benefits, and services on the federal, state, and local levels. The website includes a resource guide, information about employment and housing, healthcare, benefits, education, and more.

### **U.S. Department of Veteran Affairs**

[www.va.gov](http://www.va.gov) or 1.844.MyVA311 (1-844-698-2311)

This website includes a wide variety of information about health concerns, benefits, services, assistance, and resources connected with the U.S. Department of Veteran Affairs.

### **Veterans Crisis Line**

[www.veteranscrisisline.net](http://www.veteranscrisisline.net), or 1-800-273-8255 then Press 1, or Text 838255

This resource provides confidential help for veterans and their families.

### **VA Caregiver Support**

[www.caregiver.va.gov](http://www.caregiver.va.gov) or 1-855-260-3274

This website and caregiver support line provides helpful information, a caregiver toolbox, and help with connecting to helpful services and benefits.

Please note that the resources in this list are not meant to be exhaustive, but we hope that they will be helpful places to start. If you have questions and suggestions of resources to add, please contact Lindley Curtis, Support Services Coordinator at the SECU Family House, at 336-793-2822 or [Lindley.Curtis@familyhousews.org](mailto:Lindley.Curtis@familyhousews.org).