

SECU Family House Community Services Directory

North Carolina

2-1-1	2-1-1 is a free, confidential nationwide referral and information database and helpline and website that connects people to essential health and human services.	www.211.org or dial 2-1-1
AARP North Carolina Family Caregiver Guide	AARP's publication that provides information and resources for caregivers across the state	www.aarp.org/content/dam/aarp/home-and-family/caregiving/2016/2016-08/nc-caregivers-resource-guide-aarp.pdf
BenefitsCheckUp	BenefitsCheckUp is a free nationwide service for adults over 55 that helps you find state, federal, and private benefits programs available where you live. These benefits programs can help pay for prescriptions, health care, food, utilities, and more.	www.benefitscheckup.org
Benefits.gov	This free nationwide service helps you find out which government benefits you may be able to receive.	www.benefits.gov
Eldercare Locator	This free nationwide service connects adults over 60 and their caregivers to services in their communities. Topics include caregiver resources, health insurance, in-home services, long term care, and others	http://www.eldercare.gov or 1-800-677-1116
FaithHealth NC	FaithHealth connects patients with volunteers who work with health care providers, Health Care Liaisons, and other community groups to ensure that people receive the care they need after a hospital stay. Services are free of charge.	www.faithhealthnc.org or 336-716-3027
North Carolina Area Agencies on Aging (AAA) Caregiver Support Services	Regional Area of Agencies on Aging provide information and services specifically for caregivers, such as respite services, home-delivered meals, care management, in-home aide services, transportation services, medication management, and others	To find your regional Area Agency on Aging, go to www.ncdhhs.gov/assistance/adult-services-area-agencies-on-aging

North Carolina Department of Health and Human Services (NCDHHS)	The NC DHHS website provides links to assistance related to Aging and Adult Services, Crisis Solutions, Disability Services, Low-Income Services, Medicaid, Mental Health and Substance Abuse, NC Medicaid Reform, Veteran’s Services, and others	www.ncdhhs.gov/assistance or 1-800-662-7030
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The information in the SECU Family House Community Services Directory is as accurate as possible. However, our communities are always growing and changing, and we welcome updates and additional information. For general caregiving resources and diseases-specific resources, please see visit www.familyhousews.org and look under Support Services. For questions and corrections, please contact Lindley Curtis, Support Services Coordinator at the SECU Family House, at 336-793-2822 or Lindley.Curtis@familyhousews.org.