

# SECU Family House Community Services Directory

## Watauga County, North Carolina

Community Resource Directory, Appalachian State University	This directory, compiled by the BCBSNC Institute for Health and Human Services at Appalachian State University, includes a comprehensive listing of health and human service providers in Watauga, Ashe, and Avery counties.	<a href="http://ihhs.appstate.edu/about/directory">http://ihhs.appstate.edu/about/directory</a>
Watauga County Department of Social Services	Medical Assistance, Special Assistance to Adults, Energy Assistance, Homemaker Services, Long Term Care information, and others	<a href="http://www.wataugacounty.org/app_page/dept/socialservices/home.aspx">http://www.wataugacounty.org/app_page/dept/socialservices/home.aspx</a> or (828) 265-8100
High Country Area Agency on Aging	Information and Assistance, Respite Vouchers, Support Groups, Daybreak Respite Program, Education	<a href="http://www.highcountryaging.org/">http://www.highcountryaging.org/</a> or 866-219-3643
High Country Area Agency on Aging Information and Assistance	Helpful list of national, statewide, and local resources, information, and links for older adults and caregivers	<a href="http://www.highcountryaging.org/resources/information-assistance">http://www.highcountryaging.org/resources/information-assistance</a>
Hunger and Health Coalition	Provides food and pharmacy assistance to low income families in the area	<a href="http://hungerandhealthcoalition.com/">http://hungerandhealthcoalition.com/</a>
High Country Caregiver Foundation	Provides caregivers with advocacy, information and referral resources, education, emotional support, support groups, and supplemental and respite services such as an adult day respite program	<a href="http://www.highcountrycaregiverfoundation.org/">http://www.highcountrycaregiverfoundation.org/</a> or (828) 265-5434 ext.128
WAMY Community Action, Inc.	Provides assistance with housing, family services, food & nutrition, and youth services	<a href="http://www.wamycommunityaction.org">www.wamycommunityaction.org</a> or 1-800-571-WAMY (9269)

For questions and corrections, please contact Lindley Curtis, Support Services Coordinator at the SECU Family House, at 336-793-2822 or [Lindley.Curtis@familyhousews.org](mailto:Lindley.Curtis@familyhousews.org).