

get involved



If you are looking to complete a few service hours, or a flexible schedule, this is the list for you!

BAKE A DESSERT OR SNACK

Bake brownies, cookies, cupcakes, or muffins. Assemble bags of trail mix, cookies, or chips. Package these items into individual portions (one brownie, 3-4 cookies per bag)

Hour Value: 1 dozen = 1 hour

ASSEMBLE CAREGIVER BAGS

Gather items (such as lotions, puzzle books, personal care items, or notepads) and assemble in care baggies to give to guests as they check-in. A more comprehensive list can be provided.

Hour Value: 10 bags = 1 hour

STOCK THE FREEZER

Make a casserole or side dish to put in our freezer. When there is not a meal scheduled, Family House volunteers can pull it out for families to eat! A list of suggested items is available.

Hour Value: 1 item = 2 hours

GROUP OPPORTUNITY: FORM A CLEAN TEAM

With a group of 4-8, you may sign up for a day to help deep clean areas of the Family House. This may include sweeping, dusting, laundry, etc.

Hour Value: 2-3 hours

GROUP OPPORTUNITY:

MAKE A MEAL

A great way for a group to be involved with the Family House is to come and prepare dinner (or a Saturday morning breakfast) in our beautiful kitchen! Your group will leave knowing that your home cooking, as one guest put it, "warmed the bellies and the hearts" of the families.

Hour Value: 4 hours

GROUP OPPORTUNITY:

BAKE GRANDMA LEE'S FAMILY HOUSE GINGER COOKIE

This is good for a group of about 5-6 people. We have all the ingredients here to make these ginger cookies. It takes about an hour per batch to make fresh, delicious cookies for families and to give out to donors and friends.

Hour Value: 2 hours

CONTRIBUTE TO A POTLUCK DINNER

If you cannot organize a meal for the entire house, Merry Meals are a great way to contribute to a dinner by bringing a portion of the meal. Held the 1st and 3rd Monday of every month, go to the Perfect Potluck site at www.perfectpotluck.com and sign up for the item(s) you wish to bring. Use username: gannaway and password: 3151 to log on.

Hour Value: 1 dish = 2 hours

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MAKE WELCOME CARDS:

Create Thank you, Birthday, Thinking of you, and/or Bereavement cards to send to guests and volunteers.

Hour Value: 1 dozen = 1 hour

MAKE A CRAFT OF CHOICE

Crafts may include items to hang on each guestroom door; table centerpieces; seasonal décor; fleece blankets; or your specialty!

Hour Value: Hours may vary

- Many of these projects may be completed at home and dropped off at the Family House between 8am and 8pm, Sunday - Saturday. Someone at the Welcome Desk can sign your form and help you put your items away.
- Your projects may also be done at the Family House. In fact, we encourage you to do the projects at the Family House to get the most out of your experience. You'll often get to know a family or two while you are there. Please schedule these activities with Lisa.
- You will need to supply the materials for your project.
- The hour values are a guideline. Please contact Lisa if you believe you went above and beyond that hour amount with your project. Feel free to count the time it takes to plan your activity, go to the store, and travel time to the Family House.
- If you have a form or letter that needs to be signed, please have it prepared and ready to sign.

Please do not hesitate to let me know if you have any questions. If you have any other ideas that fit your talents, I encourage you to share them with me!

YOUR CONTACT PERSON:

Lisa Northrop, Community Relations Manager

Lisa.northrop@familyhousews.org ~ 336-793-2822

1970 Baldwin Lane, Winston-Salem, NC 27103
familyhousews.org • facebook.com/secufamilyhouse
336.793.2822 (p) • 336.283.9515 (f)

More than just a place to stay...



EPISODIC VOLUNTEER SERVICE LOG

THANK YOU FOR VOLUNTEERING with the SECU Family House! It takes special volunteers of all kinds to make sure families in medical crisis have the love, comfort, and support they need.

Name: _____

Primary Phone: _____ E-Mail: _____

How did you hear about us? _____

For whom did you need service hours? _____

Number of hours needed: _____ Date hours are due: _____

I completed the following special project(s):

- | | | |
|---|--|---|
| <input type="checkbox"/> Bake a dessert/snack | <input type="checkbox"/> Made greeting cards | <input type="checkbox"/> Baked ginger cookies |
| <input type="checkbox"/> Made snacks | <input type="checkbox"/> Made a craft | <input type="checkbox"/> Stocked the freezer |
| <input type="checkbox"/> Assembled care baggies | <input type="checkbox"/> Provided a meal | <input type="checkbox"/> Deep cleaned |
| <input type="checkbox"/> Musical performance | <input type="checkbox"/> Merry meal | <input type="checkbox"/> Other _____ |

DATE OF SERVICE	HOURS COMPLETED

VOLUNTEER SIGNATURE: _____ **DATE:** _____

FAMILY HOUSE STAFF SIGNATURE: _____ **DATE:** _____